

The Bear Tracks

Weekly Activities

February 5 - 12, 2010
www.canaanresort.com

WARM WELCOME

We are pleased to welcome the following groups, and extend a sincere commitment to making your visit memorable.

WV Special Olympics
WV Society for Respiratory Care
USMC
Crewe Nazarene Church
BSA Troop 913
BSA Troop 430
BSA Troop 420
BSA Troop 1007

NEW

Sunday Brunch Buffet

Hickory Dining Room
11am - 2pm

Fresh Fruit / Salad Bar / Soup
Breakfast Items / Omelet Station
Chicken / Beef / Pasta
Dessert Station

Rate: Adult \$13.75 / Jr \$8.75

*Child ages 5- under free w/parents.
(Tax & Gratuities additional)

2nd Annual Airboard Race

Saturday, February 6th
Start Time: 11am (Ski Area)
Spectators Welcome
(small fee charged for mtn. access)

Superbowl Party

Sunday, February 7th
Big Screen TV - Laurel Lounge
Drink Specials
and Hot Dog/Nachos Bar
6pm - 8pm
Half-Time Giveaways
Everyone is Invited!!

By:  **GUEST SERVICES**

Pet Friendly Accommodations

Pets are welcomed to join their families when vacationing at Canaan Valley Resort. Space is limited - call today to reserve your getaway. Pet deposit/charges apply.
Information/Reservations: 800-622-4121

Main Lodge Gift Shop (ext. 2649)

Offering Groceries, Postage Stamps, Souvenirs,
Fenton Glassware, WV Crafts & Products

Friday - Saturday: 8am - 9pm

Sunday: 8am - 5pm

Monday - Wednesday: 9am - 5pm

Thursday: 8am - 9pm

*** Huge Sale in Progress ***

Bear Paw Gift Shop (ext. 2616) (Located at the Ski Area)

Friday: 8:30am - 8pm

Saturday: 8am - 8pm

Sunday - Thursday: 8:30am - 5pm

Clearance Rack - 50% off Merchandise

Massage Therapy Now Available Tim Gittus, LMT

Rejuvenate yourself with a massage.

To schedule appointments call:

Resort: 304-866-4121 x2733

Cell: 301-512-4053

Canaan Valley Resort Ski Area

Sunday - Thursday: 9am - 4:30pm

Friday: 9am - 8pm

Saturday: 8am - 8pm

*Ticket Windows Open ½ Hour Earlier Daily

Prime Season

Midweek Lift Ticket Rates

Adult \$30 Jr/Sr \$22

2 Day: Ad \$48 Jr/Sr \$35

3 Day: Ad \$63 Jr/Sr \$46

Weekend/Holiday Lift Ticket Rates

Adult \$49 Jr/Sr \$44

2 Day: Ad \$79 Jr/Sr \$70

3 Day: Ad \$103 Jr/Sr \$92

Check out our promotions on the website

www.canaanresort.com

Pick up XC Ski & Snowshoe Rentals
at the Ice Skating Rink Building behind Main Lodge.



Resort Activities

Ice Skating (ext 2645)

2 hour Sessions w/Rentals
Adult \$8 / Junior \$6

*Friday (2/5): 9am-10pm

Saturday 10am-10pm/Sun: 10am-6pm

Mon-Thurs: 12pm - 8pm

Friday (2/12): 10am - 10pm

Geocaching (ext.2697)

(GPS Rentals are available @ Beech Club)

Rental Rates

Half Day \$10.00 / Full Day \$15.00

Deposit required for rental of GPS unit

Discount Coupons
for Nearby Attractions

Discount coupons are available at the
Lobby Information Table for a variety of
nearby attractions & businesses:

Mountain Trail Rides

(Horseback Riding)

WVHighlands Artisan Gallery

Golden Anchor Restaurant

Arcade/Billiard Room (ext. 2697)

Billiard and Arcade rooms are
located downstairs - Main Lodge.

Open daily till 10pm

Resort Activities

Beech Club (ext.2697)

Located downstairs, Main Lodge

Open to the Public

Non-Guest Rates

Adult \$7.00 / Jr. & Sr. \$3.50

Daily Hours of Operation

Pool/Whirlpool 7:30am - 10pm

Fitness Center/Sauna 7am - 10pm

Membership passes to the Beech Club
will make wonderful gift ideas.

Saucer Rentals

Beech Club ext. 2697

Glide down a hill on a saucer.

Fun for the whole family.

2 Hour: \$10 / Half Day: \$15

Full Day: \$25

Snow Tubing Park

Tubing Session Schedule

Daily: 9am-11am

11:30am-1:30pm & 2pm-4pm

Weekend Evening Sessions

Friday and Saturday only

4:30pm - 6:30pm & 7pm - 9pm

Midweek: \$15 / Weekend \$20

Dine at Quenchers!

(Located at the Ski Area)

Breakfast at Quenchers

Biscuits and Sausage Gravy \$3.75

Breakfast Sandwich \$3.25

French Toast \$3.50

Scrambled Eggs \$3.25

Cereal \$3.25

Oatmeal \$2.50

Sides

Hash Browns \$1.50

Biscuit \$1.00

Bacon \$1.50

Sausage \$1.50

Muffin or Danish \$2.00

Toast \$.85

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Quenchers Pub & Grill

FRIDAY SPECIAL

Corona Beer Battered Fish \$7.00

SATURDAY SPECIAL

Philly Cheese Steak Sandwich
\$7.00

SUNDAY SPECIAL

Hot Sausage w/Onions & Peppers
\$7.00

Resort Food & Beverage Outlets

The Hickory Room (ext. 2655)

(Main Lodge)

Enjoy fine dining in a relaxed setting
with a panoramic view of the valley.

Breakfast Buffet: 7am - 10am

*Breakfast Menu only Monday - Thursday.

Sunday Brunch Buffet: 11am - 2pm

Closed for Lunch Monday - Saturday

Dinner: 5pm - 9pm

Friday & Saturday: Dinner Buffets Served

Caffe Siena (ext.2654)

(Main Lodge)

Stop in for fresh hand tossed pizza,
Hamburgers, sandwiches, and grab & go items.

Friday & Saturday: 11am - 10pm

Sunday, Tuesday - Thursday: 11am - 9pm

Monday: 11am - 5pm

Resort Food & Beverage Outlets

Laurel Lounge featuring

The Valley View Grill (ext. 2650)

(Upstairs, Main Lodge)

Opens Daily: 5pm

SuperBowl Party - Sunday (Feb 7th)

*Closed Tuesday & Wednesday

Quenchers Pub & Grill (ext.2617)

(Ski Area)

Saturday: Opens 11am

Monday - Friday: Opens 9am

Closed Sunday

Bear Paw Food Court (ext.2619)

(Ski Area)

Featuring Pizza Hut Express Items

Sat: Opens 8am / Sunday: Opens 9am

Closed Monday - Friday

Upcoming Resort Happenings

*For additional details on events, call (304) 866-4121

Feb 6: 2nd Annual Airboard Race

Feb 7: Superbowl Party (Laurel
Lounge)

Feb 13: Nina Sharp - Live

Feb 13: Rail Jam (Highland
Prospects) 10am

Feb 14: Valentines Day Buffet
in the Hickory Room